



# Final Bulletin Relay

5<sup>th</sup> World Deaf Orienteering Championships  
Deaf Masters Orienteering World Cup



5<sup>th</sup> WORLD DEAF  
ORIENTEERING  
CHAMPIONSHIP  
29 AUG - 5 SEP '23





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## 1. Embargoed area

RELAY – 4<sup>th</sup> September



The area for the relay is under hard embargo during Monday 4<sup>th</sup>.

## 2. General information – Relay

**Competition:** Relay

**Date & time:** 4<sup>th</sup> September – first start 10.00

**Organizing club:** Attunda OK

**Competition director:** Lars Gerhardsson

**Course setter:** Sven Hedman and Stig Löfgren, Attunda OK

**Event controller:** Oleg Lavryk, *Sports Director ICSD*

**Scale:** 1:10 000

**Contour intervals:** 4 m

**Distance:** See *10. Legs Information*

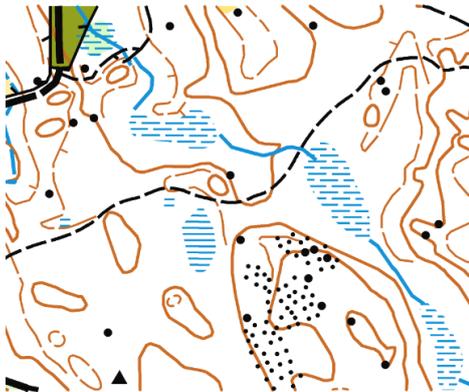




## Description of the terrain

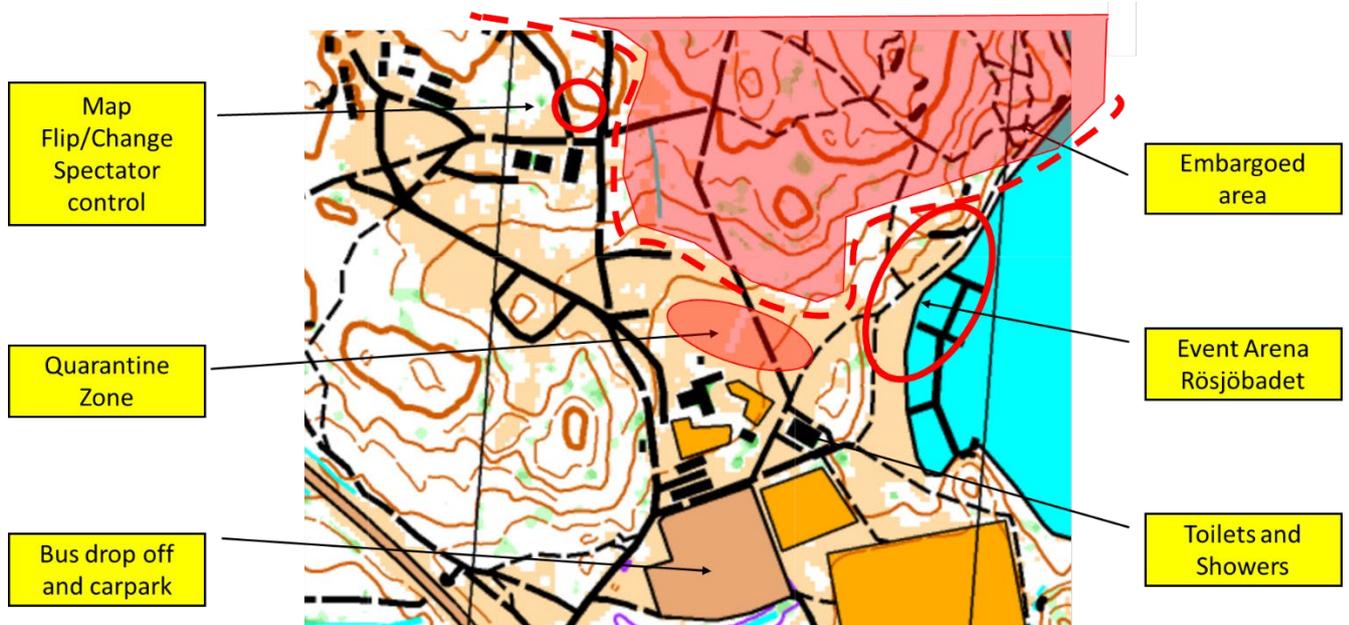
Moderately hilly and partly detailed forest terrain with mainly good runnability. The area contains several paths, ranging from large jogging tracks to small indistinct paths. The longest courses pass through areas with more significant elevation changes. Some areas may have reduced runnability due to fallen trees.

## Pictures of the map & terrains





### 3. The Arena – Rösjöbadet



#### Bus drop off

Buses from Event Center will drop off at the parking area at Rösjöbadet.

#### Parking with car

Runners and team leaders that arrive by car can park at the parking area at Rösjöbadet. Parking fee is paid through the mobile phone application “Easypark” and by register credit card and license plate you choose the parking zone.

See picture to the right!





## Toilets and showers

Water and toilets are available at the arena (see map above). We kindly ask you to remove your shoes before entering the building. Don't leave your clothes or other items unattended.

## First aid

There will be no First aid station or similar service at the arena. In the event of danger to life, property and environment call **the Emergency number – 112**.

## Food and beverages

There will be no food or beverages provided by the organizers at the arena. All teams and participants are recommended to bring their own food and/or beverages.

## Drinks stations

There will no drinks stations on any of the courses.

## Quarantine Zone

Due to the logistic in the area we're having a "soft-quarantine" with an expectation of everyone to follow the ethic code "fair play". There's a designated area with blue WDOC23 ribbon around which runners for second and third leg should stay in, the area is directly connected to change-over area and works as warm-up area.

Peoples in the area can not see the TV-screen showing the tracking, however it's possible to communicate with peoples around the area so we except everyone to follow the fair play ethic. Communication about prewarning is allowed to prepare the runner, but any information regarding the map is strictly prohibited.

## GPS-tracking units

WDOC classes will also receive their tracking units in quarantine. Wearing the live tracking units is mandatory; these units are small, measuring 44 x 43 x 20 mm, and can easily fit into a small pocket. For runners without a suitable pocket, waist bags will be provided. The tracking units will be collected after each race.

## 4. The map

Drawn by Norrkartor during 2022 and partly revised during 2023.





## 5. Map exchange

For the W21 and M21 categories, a map exchange is implemented by flipping the map around and proceeding with the course on the reverse side, commencing at a new triangle point.

## 6. Controls & Punching-system

### Controls

Each control is identified by a single 30x30 cm control flag. Every control point is equipped with two punching units positioned 100-120 cm apart from each other. These punching units, along with the control flag, are affixed to trestles or fiberglass sticks.



*These punching units, along with the control flag, are affixed to trestles or fiberglass sticks.*

### Punching System

The Sportident punching system is employed for all WDOC and DMOWC races. The SIAC Air+ Touch Free **IS NOT** activated.



## 7. Number bibs

Number bibs **MUST** be worn by every **WDOC23** participants in front side, the numbers must be fully visible. In case the volunteers feels that the bibs are wearing incorrectly they may request you to adjust the bibs, not wanting to do it may result in disqualification.

The number bibs will be handed over to Team Leaders during the Technical Meeting.



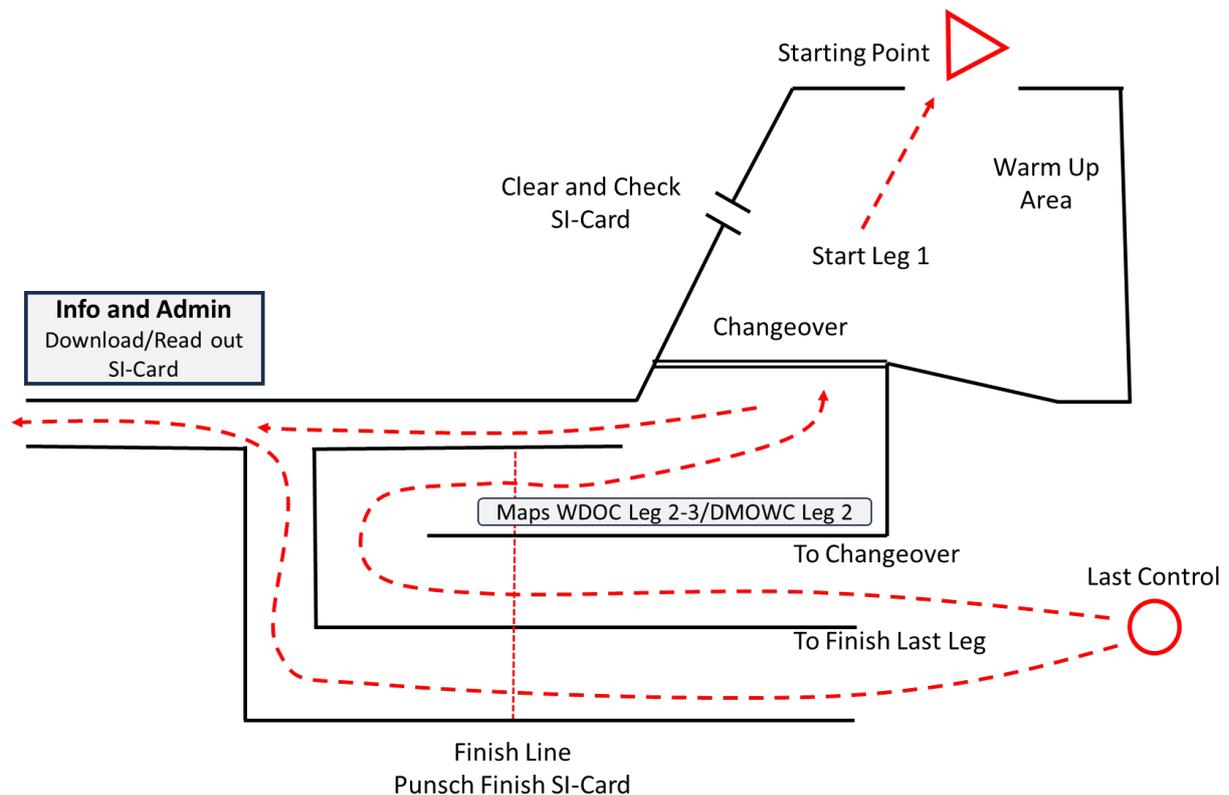


## 8. Live Service

Live service will be offered in the Live Center at the arena. You will be able to get live result updates in all classes, but also live tracking delivered through Livelox. Livelox is a very effective tool for analysis after the race. But you need an account and subscription to be able to watch all runners in a competition. But you can always analyze your own race.



## 9. Changeover procedure



All competitors are required to punch at the finish line. Changeovers are conducted through a hand clap over the white tape (note that the white tape is indicated as red in the changeover procedure map).

Each competitor must collect their respective map independently before the start or changeover. Each team has a designated location for their maps. The map is rolled up and secured with a label bearing the team number and name.





During the start moment, signaled by a hand clap or start signal, the seal is broken, and the map is opened. Immediately following the completion of the race, every competitor must read out their punching card (SIAC) in the designated readout tent.

If you have remaining legs to run, proceed directly back to the changeover area, verify and check your SIAC, and collect your next map without breaking the seal until the subsequent starting moment. As is customary, the responsibility for selecting the correct map lies with the runner. It's important to note that prematurely breaking the sealed map before the designated starting moment will result in disqualification.

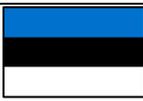
## 10. Legs information

Class	Legs	Distance legs	Controls	Teams	Start
WDOC Men	3	7 000-7 100 m	15	10	10:00
WDOC Women	3	4 300-4 500 m	12	5	10:05
DMOWC / OPEN	2	1 <sup>st</sup> leg: 5 600-5 800 m 2 <sup>nd</sup> leg: 3 200-3 300 m	12 10	6 (2 vacants)	10:10

## 11. Startlist

The start list for relay WDOC23 will be provided during the Technical Meeting as well as published on our website at following link: [Startlist & results | WDOC23](#)

### WDOC23 Relay – nations

 BRAZIL	 CZECH	 FINLAND	 HUNGARY	 LITHUANIA
 SWEDEN	 ESTONIA	 TURKIYE	 UKRAINE	 USA





## DMOWC Relay – team combinations

	NAME	CLUB	NATION	SI-NUMBER
1	Tomas Kuzminskis	Vilnius DSC Gestas	LITHUANIA	8003281
	Arunas Kubaitis	Vilnius DSC Gestas	LITHUANIA	8016801
2	Oleksandr Sankin	Kyivska RUS	UKRAINE	8501119
	Andrii leger	Kyivska RUS	UKRAINE	8330621
3	Carl-Erik Sjöberg	IK Virtus	SWEDEN	650115
	Vacant	Vacant	Vacant	Vacant
4	Andis Krams	NIK Zala Paparde	LATVIA	200284
	Inguna Krama	NIK Zala Paparde	LATVIA	201910
5	Raitis Ozols	NIK Zala Paparde	LATVIA	200127
	Agita Intsone	NIK Zala Paparde	LATVIA	8619386
6	Aldis Strozs	NIK Zala Paparde	LATVIA	9900111
	Oleksii Nashyvochnikov	Kyivska RUS	UKRAINE	1391199
7	Vacant	Vacant	Vacant	Vacant
	Vacant	Vacant	Vacant	Vacant
8	Vacant	Vacant	Vacant	Vacant
	Vacant	Vacant	Vacant	Vacant

## 12. Technical Meeting - Relay

Each country is allowed to have two delegates to the technical meeting in which one of the delegates **MUST** be Deaf. The technical meeting will be held in **Scandic Hotel – Järva Krog**, countries staying in other accommodation will receive transportation to the Technical Meeting.

### 3<sup>rd</sup> September – 17.00 – 19.00: Technical Meeting for Relay Competition

The acting ICSD Sport Director for Orienteering **Oleg Lavryk** is responsible for the Technical Meeting together with ICSD Representative **Jaroslav Janiec**.

Representatives from arranging clubs will also attend in the Technical Meetings to inform every important aspect of the competitions.

We will record the Technical Meeting for delegates from countries not arriving in time before the Technical Meeting.





### 13. Competition Rules

The Orienteering competitions will be conducted in accordance with the Technical Regulations WDOC 2023 and Regulations of the IOF version 1.21 valid from 1 February 2023:

<https://onedrive.live.com/embed?resid=663580750D0C0BCE%2148355&authkey=!AM5dXV3P5XjlAxY&em=2&wdHideHeaders=True&wdDownloadButton=False>.

Subsequent amendments will be published on the official IOF web site at <http://www.orientering.org/>. In case of disagreement in the interpretation of the Rules and Regulations, the English text shall prevail. Unforeseen incidents not covered by the Rules and Regulations shall be dealt with as follows:

- a) cases of a general nature will be resolved in accordance with ICSD Regulations, ICSD General Technical Rules and this Orienteering Technical Regulations.
- b) technical questions related to competition rules shall be resolved according to the IOF Rules and Regulations.
- c) only athletes who comply with the ICSD Regulations are entitled to take part in the ICSD Orienteering competitions.

### Welcome to Sollentuna and Rösjöbadet for the 5<sup>th</sup> WDOC & DMOWC Relays



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